

INSTRUCTIONS FOR INTRAVENOUS CONSCIOUS SEDATION

1. DO NOT eat or drink anything for at least 8 hours before your appointment, except water to wash down the Motrin pre-medication one hour before the appointment.
2. DO take your normal prescribed medications only as instructed.
3. DO begin rinsing twice a day after brushing and flossing with Peridex (Chlorhexidene), if prescribed, two days before surgery and continue after surgery for 5 days.
4. Do NOT wear tight belts, tight clothing, or nylons (if female). Wear a short sleeve shirt (with a sweatshirt over it if cold). This is for access to the arms for the IV line and blood pressure cuff.
5. You MUST have a responsible adult driver with you and this individual MUST stay throughout your appointment.
6. Be at the office at least 15 minutes before you scheduled appointment.
7. If you are an Insulin Dependent Diabetic:
 - a. Eat or drink nothing for breakfast
 - b. Take 1/2 (half) of your usual insulin dose, and bring the other 1/2 of your insulin with you
 - c. Bring orange juice or a sweet snack with you.
8. You will be given an early morning appointment.
9. If an antibiotic and/or Motrin is prescribed for you to be taken before your surgery, be certain to take the medicines with no more than a glass of water.
10. Females must remove fingernail polish or one acrylic nail from the left index finger for the blood/pulse monitor before your surgical appointment.

Acknowledgement of Intravenous Sedation Instructions.

PATIENT'S SIGNATURE

DATE